



Rebecca Fisher
Paediatric Dietetic Lead

Rebecca has worked in the Royal Free Eating Disorders specialist CAMHS service since 2009. Rebecca is a paediatric dietitian and has previously worked in community. In addition to the eating disorders service, Rebecca works part time as an Allied Health Professions prescribing advisor. Specialist interest includes relationships with food across the lifespan.



Debby Markovic
Specialist Charge Nurse

Debby is a registered children's nurse specialising in eating disorders. She has experience caring for children and young people with eating disorders in various healthcare settings, including general hospitals, inpatient units, and the community. Currently, she provides family-based treatment for eating disorders at the Royal Free.



Dr Aisling McGrath
Consultant Child and Adolescent Psychiatrist

Dr Aisling McGrath has been working as a Consultant Psychiatrist at the Royal Free Eating Disorders Service since September 2022. She completed the majority of her speciality training in Great Ormond Street Hospital which included a year with the Feeding & Eating Disorders Service and a year at the Mildred Creak Childrens' Unit. She completed her core psychiatry training in Dublin.



Nicola Tweedy
Assistant Psychologist

Nicola has previously worked as a secondary school teacher in schools within Camden and Enfield, holding subject leadership responsibilities for Science and Psychology. After career changing into the NHS, she now works as an assistant psychologist within the Royal Free Eating Disorders service; assisting with family-based treatments and body image interventions.



Dr Harriet Walker
Counselling Psychologist

Harriet is a chartered psychologist (BPS) and Counselling Psychologist (HCPC) specialised in eating difficulties. She has previously worked in private inpatients and NHS outpatient eating disorder settings across the lifespan. She provides both individual and family-based treatments for eating disorders at the Royal Free.



Jemma Michelson
School Liaison Teacher for the Eating Disorder Service, Royal Free Hospital

Jemma has experience of working as a Primary teacher in mainstream London schools for over 10 years. In her current role, she works as a teacher at the Royal Free Children's hospital school engaging with young people who are unable to attend school because they are receiving medical treatment in hospital. She holds the responsibility of Designated Safeguard lead as well as school Liaison teacher for the Eating Disorder Intensive service (Royal Free NHS Trust), coordinating bespoke education plans of reintegration for young people who are missing education due to ongoing medical treatment.